

The offer is currently **Free 12 weeks at Slimming World** with the potential for a further 12 weeks if the individual still requires support at the end of the initial 12 weeks.

The offer includes free access to the weekly groups across the city (there is a group finder tool on their website), access to a member's only website and access to their app. The individual will also receive a new member's welcome back when they sign up.

A couple of important things to note are:

- Easy read resources for people with a learning disability
- Any member who signs up can take a teenager between 11 & 15 for free who also would benefit from weight management support
- If English is not an individual's first language they can bring along someone for free to offer translation support

You can find more details and the referral pathway on the AskLion website: <https://www.asklion.co.uk/kb5/nottingham/directory/service.page?id=iNUf0NWPo5s>